

Decluttering 101

Taught by Jennifer Luby

We all have areas of our lives that need decluttering. It's our decision to take the tools God has given us and put them to work spiritually and around our home.

Does walking into your home stress you out?

- Throw out things or put them in place but keep the meaningful items.
- A beautiful, organized home brings peace, joy and a space to serve the Lord.
- Having an organized and clutter-free home allows extra time and the mental energy to focus on the importance of the Lord and family.
- God first, family second, then career third.
- "But everything should be done in a fitting and orderly way." 1 Corinthians 14:40
- A home showcases God's very nature, the fruit of the spirit, which is self-control.
- "It's safe to say our homes should be kept in a way that honors and pleases God." Col. 3:23

Some tips which help me stay focused:

- Making my bed daily
- Having a clean kitchen
- Vacuuming as well as wiping down surfaces every other day
- Getting the mail and sorting it
- My weakness is LAUNDRY! (However, I will try my best to keep up with it.)

If we cannot maintain order and tranquility in the small little corners of our homes, what hope do we have of taming the chaos and clutter within us?

Soul Decluttering

- Let God transform you from the inside out.
- Seek solitude, simplify your schedule, search the scriptures, solicit support, and surrender control.
- Let God continue to work with you to achieve decluttering 101.

Declutter Checklist

Bedrooms

- Old, unused clothes
- Unused shoes
- Old bedding
- Accessories- bags, hats
- Seasonal clothing
- Jewellery/Perfumes

Bathrooms

- Old toiletries
- Towel Refresh
- Hair products
- Expired medicine
- Unused makeup
- Old suncream

Kitchen

- Expired food
- Old cloths/tea towels
- Sort utensils
- Broken glasses/crockery
- Tupperware missing lids
- Broken appliances

Living Room

- Unused decor
- Burnt out candles
- Old games
- Knick knacks
- Cords with no purpose
- Broken furniture

Office

- Old pens/stationary
- Receipts and paperwork
- Unused books/cds/dvds
- Broken Equipment
- Unused craft items
- Old inks/batteries

Outside

- Broken tools
- Old toys
- Rusty plant pots
- Unused paints
- Outside equipment
- Pets items refresh