

# DO YOU KNOW YOUR S.H.A.P.E?

COMPLETE EACH STEP IN THIS INVENTORY TO DISCOVER  
THE UNIQUE WAY THAT GOD HAS DESIGNED YOU, SO THAT  
YOU CAN BETTER CONNECT IN SERVING.



**Brookwood**  
BAPTIST CHURCH

# Spiritual Gifts

How true do you find these statements? Using the scale below, fill in your answers on the "Spiritual Gifts Score Card" found on page 3.

0: almost never true    1: seldom true    2: sometimes true    3: often true    4: almost always true

1. I am able to remain optimistic even when progress is not visible.
2. I prefer working in the background, if I can be a help to others.
3. I am able to welcome unexpected guests into my home.
4. People say I have a way of making the Bible "come alive."
5. When someone is hurting I am able to say or do something that renews his or her hope and trust in God.
6. I am moved to help other struggling with emotional pain.
7. I like to give sacrificially and freely to those who are in need.
8. I am able to motivate groups to achieve specific, Biblical objectives.
9. I seem to be able to recognize and address the root problems keeping someone from growing spiritually.
10. I enjoy organizing ideas, tasks, and people for Christian service.
11. I love to pray for others and even lose track of time while praying.
12. Even when human circumstances don't add up, I will step out in faith if I feel it is God's will for me.
13. I will gladly respond with practical assistance when others ask for help.
14. I have a knack for helping people I don't know feel welcome at church or in my house.
15. I earnestly desire to explain Biblical principles and truths to others.
16. I take the time to say a kind word to those who are using their gifts in service to others.
17. People often turn to me when they are feeling hurt, lonely, or confused.
18. In an appeal for a worthy cause, I am among the first to give financially.
19. I am able to recognize the spiritual gifts of others and help them find a mean to serve in ministry to others.
20. I am willing to help an individual find Biblical resources and then guide them as they grow in faith and Christian maturity.
21. I can recognize and work to resolve key issues confronting a team.
22. Most of my prayer time is spent addressing the needs of others.
23. I take God's promises at face value and I am comforted by their truth.
24. When I see a need, I spring into action and do something about it.
25. I enjoy blessing people by having them over to my home for a meal.
26. I enjoy studying my Bible and the opportunity to clarify Biblical truths to others.
27. I feel comfortable using Scripture when people need courage and guidance.
28. I like to help people who suffer from physical, mental, or emotional problems.
29. I am committed to giving 10% or more of my income to the church.
30. I am energized when I am able to help people be in ministry with others.
31. I am able to be honest with others about the struggles I have had in my past and I am able to share how God helped me through.
32. I enjoy working out the details so that the work of God can be accomplished.
33. I take prayer requests very seriously and pray until the answer comes.
34. I believe that all things will work out to our benefit as long as we keep our trust in God.
35. I prefer to serve in some hands-on, practical, ministry.
36. I would welcome the opportunity to house someone in need, or a visiting missionary.
37. I have a solid understanding of the Bible, but I am also learning more each day as I study the scriptures and read Christian books.
38. I regularly write personal notes to praise someone for their help or service.
39. I often pick up on the emotional pain of others and come to their side.
40. I think I could do something to help those in financial distress.
41. God seems to use me to develop a spirit of unity and enthusiasm within a team.
42. I could help someone begin a personal relationship with God.
43. I don't get stressed trying to coordinate the necessary details to meet a deadline or orchestrate an event.
44. People in need seem to come to mind throughout the week and I pray for them trusting God to see them through.
45. I have learned not to worry, but to pray for all things and at all times.
46. I prefer to serve at someone's side, helping him or her with the small details and tasks that need to get accomplished.
47. I like to introduce myself and speak with people that I've never met.
48. Continuous learning is something I greatly value and invest in personally.

# Spiritual Gifts

How true do you find these statements? Using the scale below, fill in your answers on the "Spiritual Gifts Score Card" found on page 3.

0: almost never true    1: seldom true    2: sometimes true    3: often true    4: almost always true

49. I feel compelled to strengthen other believers in the faith.
50. I think it is important to comfort those who are grieving.
51. I am willing to live more simply so that I can give more to God's work.
52. I am willing to bear the brunt of criticism for a team's failure.
53. At times, I know it is necessary to correct others, and I am able to do so in a loving, encouraging, and God-honoring way.
54. I am able to delegate and trust important tasks to the right people at the right time.
55. I believe that prayer is one of my most important daily activities.
56. I don't worry about tomorrow. I live in faith each day and trust God to guide me through each circumstance.
57. I prefer following someone else's lead rather than leading.
58. I enjoy reaching out to others and helping them feel at home wherever we are.
59. I like to share God's Word with others.
60. When people do good work, I am quick to praise and thank them.
61. I look for opportunities to bring hope and God's word to those who are sick and distraught.
62. I spend a lot of time earning money, but an equal amount of joy accompanies every dollar I give away.
63. I am able to recognize, redirect, and encourage a group that is being confronted by obstacles and help them regain their focus.
64. I like to help people learn how to trust God in every aspect of life.
65. I am willing to cope with the difficulties that come with taking care of the details.
66. I have seen God heal someone in direct answer to my prayers.

## Spiritual Gifts Score Card

1. Fill in the scale value for each of the statements.
2. Add up the values for each row. Place the sum in the last column.
3. The three rows with the highest totals are your strongest spiritual gifts.
4. Read more about those gifts on page 4.

1. _____	12. _____	23. _____	34. _____	45. _____	56. _____	_____ <b>Faith</b>
2. _____	13. _____	24. _____	35. _____	46. _____	57. _____	_____ <b>Service/Helps</b>
3. _____	14. _____	25. _____	36. _____	47. _____	58. _____	_____ <b>Hospitality</b>
4. _____	15. _____	26. _____	37. _____	48. _____	59. _____	_____ <b>Teaching</b>
5. _____	16. _____	27. _____	38. _____	49. _____	60. _____	_____ <b>Encouragement</b>
6. _____	17. _____	28. _____	39. _____	50. _____	61. _____	_____ <b>Mercy</b>
7. _____	18. _____	29. _____	40. _____	51. _____	62. _____	_____ <b>Giving</b>
8. _____	19. _____	30. _____	41. _____	52. _____	63. _____	_____ <b>Leadership</b>
9. _____	20. _____	31. _____	42. _____	53. _____	64. _____	_____ <b>Exhortation</b>
10. _____	21. _____	32. _____	43. _____	54. _____	65. _____	_____ <b>Administration</b>
11. _____	22. _____	33. _____	44. _____	55. _____	66. _____	_____ <b>Intercessory Prayer</b>

# Spiritual Gifts Key

Spiritual gifts are only a part of the makeup of who we are and how we serve God. The more aware we are of our whole shape, the easier it is to plug into service and passions that will leave us fulfilled and feeling effective. Below is a list of spiritual gifts. Spiritual gifts are not the same as talents, but are spiritual strengths God gives for being a part of His work in the world. The list below is by no means exhaustive. There are many different attributes identified as spiritual gifts in the Bible, and even those are not complete listings of the ways God gifts people to do His work. This assessment and list below is simply meant to be a tool to help you better understand the gifts God is expressing in you. Throughout your life, as you grow, change, and experience different things your spiritual gifts may change. We hope that this list provides a glimpse into the part God has for you in the body now. To learn more about spiritual gifts you can look at 1 Corinthians 12:27-31, Romans 12:3-8 and Ephesians 4:11-16.

**FAITH:** The gift to trust God for what can't be seen and, pressing forward, to act upon the promises of God. (Romans 4:18-21, Hebrews 11).

**SERVICE/HELPS:** The gift to identify and take the initiative to meet the practical needs of others, freeing them to fulfill their own calling or to attend to personal needs or urgent matters (Acts 6:1-7).

**HOSPITALITY:** The gift of helping others feel welcome, accepted, relaxed and comfortable. (1 Peter 4:9-10).

**TEACHING:** The gift to proclaim and clearly explain God's Word in a manner that transform the lives of others (1 Corinthians 12:28, Acts 20:20-21, Romans 12:6-8, Titus 3:1-2).

**ENCOURAGEMENT:** The gift to provide encouragement, comfort, reassurance and support in ways that foster healing and wholeness (1 Thessalonians 5:11, Romans 12:8).

**MERCY:** The gift to detect the emotional pain of others, to feel compassion, listen and provide loving care (Luke 10:30-37, Romans 12:8, Matthew 20:29-34).

**GIVING:** The gift to cheerfully contribute material resources above and beyond a tithe to others and the church (2 Corinthians 8:1-7, Romans 12:8, Mark 12:41-44).

**LEADERSHIP:** The gift to instill vision, to motivate and direct people to be faithful to their calling and responsibilities (Romans 12:8, Hebrews 13:7-17, 1 Timothy 3).

**EXHORTATION:** The gift to stimulate faith and promote Christian maturity in others (Romans 12:8, Acts 11:23-24, Acts 13:43, Acts 14:22).

**ADMINISTRATION:** The gift to design and effectively execute plans, managing people, resources, and time in order to reach the long-range goals and objectives of the ministry teach or church (Titus 1:5, 1 Corinthians 12:28, 1 Corinthians 14: 28-30).

**INTERCESSORY PRAYER:** The gift to pray for extended periods of time on a regular basis and frequently see direct results to those prayers (James 5:14-16, 1 Timothy 2:1-2, John 17, Colossians 1:9-12, Colossians 4:12-13, Acts 12:12, Luke 22:41-44).

# Heart

Heart has to do with our passion: what excites us, what gives us joy, what brings us energy, and sometimes what keeps us awake at night. The things we are passionate about are not by accident; the better we understand and follow our passions, the more fulfilled we are in joining God's work.

What do your dreams and desires drift towards?

---

---

What needs do you love meeting for others and why?

---

---

What causes or issues make your heart race?

---

---

\* If you are having trouble with this question, here is a very incomplete list to get your thoughts rolling: abuse/violence, alcoholism, at-risk children, Christ-centered parenting, compulsive behavior issues, disabilities, divorce, drug abuse/recovery, education, environment, ethics, financial stewardship, health/fitness, HIV/AIDS, homelessness, social justice, legal issues, marriage/family, policy/politics, poverty/hunger, sanctity of life, sexuality/gender issues, spiritual apathy, starting new enterprises.

What age and affinity groups do you most enjoy working with?

---

---

# Abilities

God has given all of us a wide range of different abilities, i.e. natural gifts and talents. By using these natural gifts and talents, we engage in serving God and joining in God's work. Rick Warren writes: "The abilities you do have are a strong indication of what God wants to do with your life. They are clues to knowing God's will for you...God doesn't waste abilities; He matches our calling and our capabilities.

**Circle the abilities, skills or trades that have and enjoy offering in the service of others. You can add any others that do not appear on the list.**

Adapting	Mentoring	Cooking	Repairing	Facilitating
Communicating	Planning	Editing	Traveling	Learning
Designing	Strategizing	Influencing	Computing	Performing
Forecasting	Analyzing	Negotiating	Counseling	Resourcing
Managing	Consulting	Recruiting	Engineering	Welcoming
Pioneering	Directing	Translating	Leading	Writing
Serving	Improving	Coaching	Organizing	Implementing
Administrating	Motivating	Coordinating	Researching	Building
Connecting	Promoting	Encouraging	Visualizing	Operating
Developing	Teaching	Landscaping	Competing	Decorating

# Personality

God has designed us all with unique and different personality traits, which shape how we respond to other people and opportunities. Here are a number of very in-depth personality profiles available. The list below is not one of them, but is designed to help you better understand your personality and how it can shape your response to the world around you. While society often values our differences. None are more desirable than others, but simply suit us for different things.

Circle the personality traits below that you feel best describe who you are.

Bold	Easygoing	Earnest	Venturesome	Responsive
Hospitable	Sincere	Yielding	Careful	Quiet
Loyal	Humble	Precautionary	Persuasive	Meek
Mild	Visionary	Accommodating	Gentle	Empathetic
Flexible	Compassionate	Organized	Freewheeling	Enthusiastic
Intense	Eager	Big-picture-oriented	Meticulous	Open-minded
Talkative	Orderly	Fast-paced	Decisive	Results-oriented
Steadfast	Restless	Shy	Self-Assured	Reserved

# Experiences

Our experiences help to shape who we are, our passions, and how God uses us. We all have many different kinds of experiences (personal, relational, vocational, educational, spiritual) that impact us in various ways. Both positive and painful experiences can shape who we are and be put to use for God.

List three positive experiences that have impacted your life:

---

---

---

List three experiences you would describe as painful that have impacted your life:

---

---

---

How do you think that God can use these experiences in your life and in the lives of others?

---

---

---

# Your Personal S.H.A.P.E. Profile

Name: \_\_\_\_\_

Email: \_\_\_\_\_

Best contact phone: \_\_\_\_\_

Currently serving: \_\_\_\_\_

## Spiritual Gifts

Which three spiritual gifts did you score the highest on?

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

## Heart

What needs do you love meeting for others?

\_\_\_\_\_

What causes or issues make your heart race?

\_\_\_\_\_

What age or affinity group do you most enjoy working with?

\_\_\_\_\_

## Abilities

What are your top three abilities in your own assessment?

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

## Personality

What three personality traits best describe you?

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

## Experiences

What personal life experiences would you like God to use to help you serve others?

Positive experience: \_\_\_\_\_

Negative experience: \_\_\_\_\_



903 Henderson Dr, Jacksonville, NC 28540